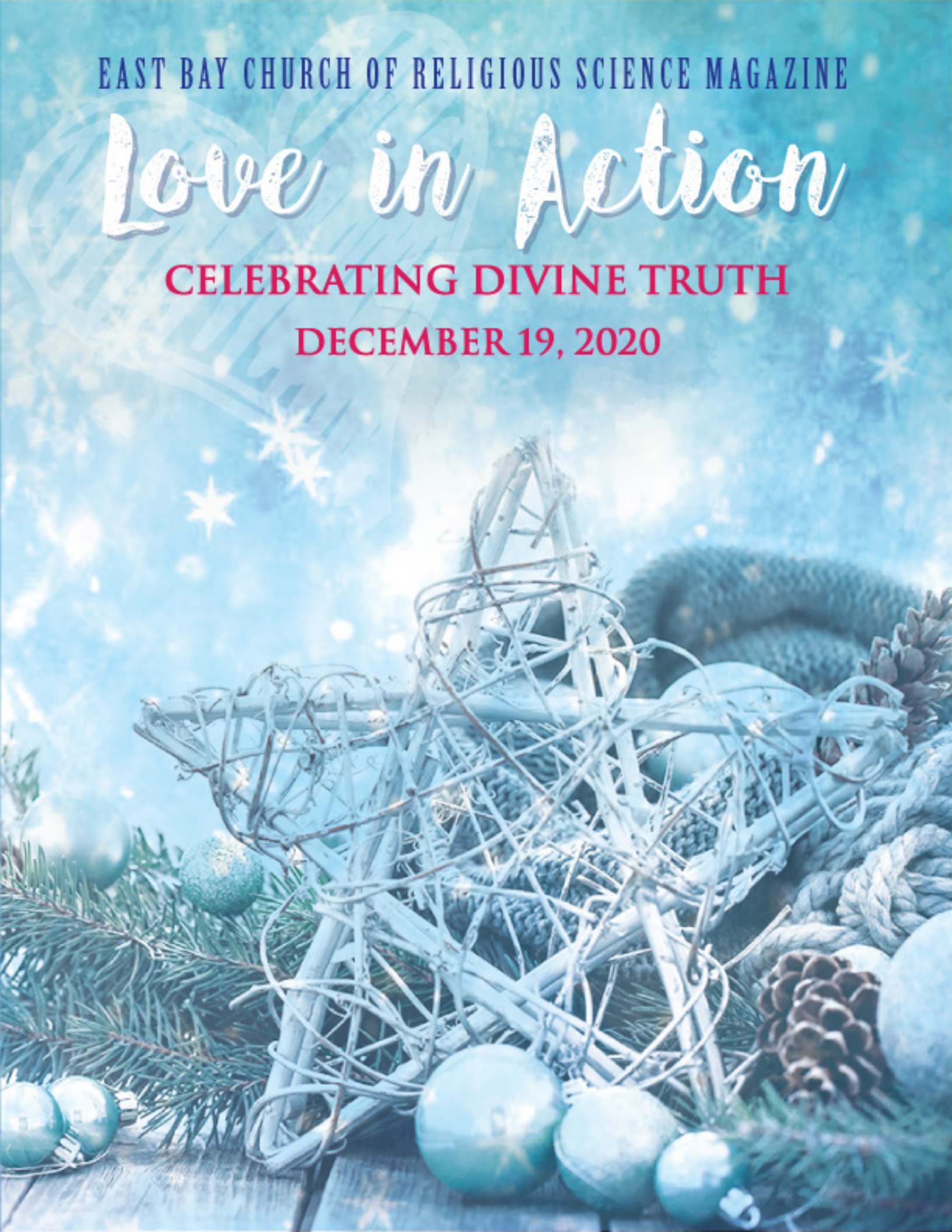
EAST BAY CHURCH OF RELIGIOUS SCIENCE MAGAZINE

Love in Action

CELEBRATING DIVINE TRUTH

DECEMBER 19, 2020



EAST BAY CHURCH OF RELIGIOUS SCIENCE

ECCLESIASTIC LEADERSHIP TEAM

REV. FRANCIONE, PH.D

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VIRTUAL SUNDAY SERVICE

JOIN US VIA YOUTUBE OR

FACEBOOK LIVE

MEDITATION 10:15AM

SERVICE 10:30AM

DAILY MEDITATION

MONDAY - FRIDAY 12:30 PM TO 1PM

JOIN US ON FACEBOOK LIVE

DAILY PRAYER CALL

MONDAY - FRIDAY AT 8:00 AM

FACEBOOK LIVE

WEDNESDAYS

POWER HOUR

MEDITATION 6:15PM

HEALING SERVICE: 6:30PM

ZOOM LINK

EBCRS PURPOSE STATEMENT

We, the East Bay Church of Religious Science, are dedicated to the spiritual transformation of the entire planet. We are committed to being a point of empowerment allowing Spirit to direct every thought, word, deed, and action for personal transformation. Our purpose is to serve as a spiritual development center by making available the knowledge and practice of the Science of Mind to all people by fostering their spiritual, cultural and general well being, and to provide facilities for public worship, education and fellowship.

JOIN OUR SUNDAY CELEBRATION

December 20, 2020

Meditation:10:15am

Service: 10:30am

Speaker: Rev. Gil Olmstead

Topic: Ignite the Light

Rev. Gil Olmstead

Musical Inspiration: East Bay Men's Choir

Facebook Live@eastbaychurch

Youtube: Type East Bay Church into the search bar

LOVE IN ACTION NEWSLETTER CONTRIBUTORS

EDITORS

Arleen King, RScP and Precious Green

LAYOUT/DESIGN

Constance Rose

Contributors: Arleen King, RScP, Kimberly Satterfield, RScP, Brenda King-Randle, RScP, Emerita

Please submit articles and poems for our January issue of Love in Action to ebcrsorg@gmail.com Next deadline: is 2pm, December 28, 2020. The January theme is New Beginnings.

PHOTO CREDITS & GRATITUDE

ABOVE THE BOARD

HOLIDAY MESSAGE
BY ARLEEN KING, RSCP

Happ Holidays,

2020 has been quite a year. We recognize the many unique challenges we've overcome through it all. And we want to take a moment to tell you how much we appreciate you.

This year, more than ever, we're in this together to do what's right for our families and communities. We're doing our part by donating to various charities, like Alameda Foodbank, FACES of the East Bay, and the Tiny Homes Project, to strengthen our communities. We feel fortunate to have the opportunity to support them and the people they serve.

We're grateful for you as a member of the East Bay Family and look forward to seeing you in 2021. Stay safe, be well, happy holidays, and cheers to a brighter tomorrow! 💙

Best wishes,

Arleen

Arleen King
President, Board of Trustees

On Behalf of the East Bay Leadership Team

Share your East Bay Love!

Just make a quick 1-minute video on your phone.
Tell us why you love East Bay Church.
Let's enter the New Year on the highest vibrational frequency -- LOVE!

Send your videos to info@ebcrs.org
by Tuesday, December 23, 2020!

It is a time for the EBCRS community to indicate how members and friends will financially contribute in 2021. East Bay's operational spending plan is based on what is supported and collected. By making your pledge, East Bay has an indication of the funding available for 2021. Go to the Link Below to learn more.

CREATE YOUR PLEDGE

PRACTITIONER'S CORNER

ANCESTORS

BY KIMBERLY SATTERFIELD, RSCP

Greetings Beloveds

It is already mid-December as I write to you. And I am thinking about my mother. December 2020 marks the 10th year anniversary of her transition. She is with me much of the time because I continue to cultivate my relationship with her. I share this because I find that calling upon our ancestors for guidance is profoundly healing both personally and collectively.

One of the fundamental principles of our philosophy is that the soul is eternal, immortal and continues to expand after it drops the body. It is this soul power that is always available to us. My relationship with my mother deepened over the years and for the last decade of her life I spent significant cherished quality time with her and for that I am grateful. Even though she had many health challenges in her culminating years, it was amazing to witness the valiant efforts she made to release decades old resentments and fears, and to repair broken relationships, including her relationship with herself. I am grateful to inherit her legacy.

I want to emphasize that I also pursue relationships with ancestors I found or continue to find challenging, and with those I did not know well or at all. I look to familial ancestors and to ancestors in which there are no family ties. I look to ancestors I revere and to those I do not in order to learn. In human life and beyond we all continue to be connected. I believe the primary requirement in establishing relationships with ancestors is to be willing, open and expectant. I look for miracles and expect to find them. Similarly, when I reach out to ancestors I expect them to respond, to show up in expected and unexpected ways. Our ancestors whether they lived on earth for several minutes, many decades or were conceived but not embodied completed what they needed to complete in this cycle of being. Many of them have lessons to share with us, many more have assignments to engage us in the ongoing needs of all of us and the planet we inhabit.

To commune with my ancestors, there are rituals I offer to them. For my mother, I go to the water and make offerings on the new moon day of December, the month she transitioned. In May, the month of her birth and Mother's Day and in December I write her a poem. I share her December 2020 poem with you.

ALWAYS, YOU ARE NEAR

I look and find you in swollen clouds
and in spring's young greening leaves.
You are in the red-orange turn of autumn,
in these same leaves' death sail to earth.

I look for you at the waning moon
as if I could see you laid out
on its last creamy curve before it disappears and circles new.

I find you in the yellow of daffodils,
in the woodsy scent of winter pine.
Often you come as egret in flight
or in great blue heron tucked into sleep.

Today, you are in the expectancy of rain, in its slow start –
are you busy or tired?
Is there a riddle to solve

before you pour yourself
out on the street?
Perhaps you are still trying
to teach me patience –

I will take my gaze from the window,
finish the last pages of my book so
I won't seem so eager, so greedy for you–I know you are near.

Kimberly Satterfield, 12.20

Kimberly Satterfield, RScP

ONENESS CIRCLE

ONENESS CHAPTER THREE

BY BRENDA KING-RANDLE,
RSCP EMERITUS

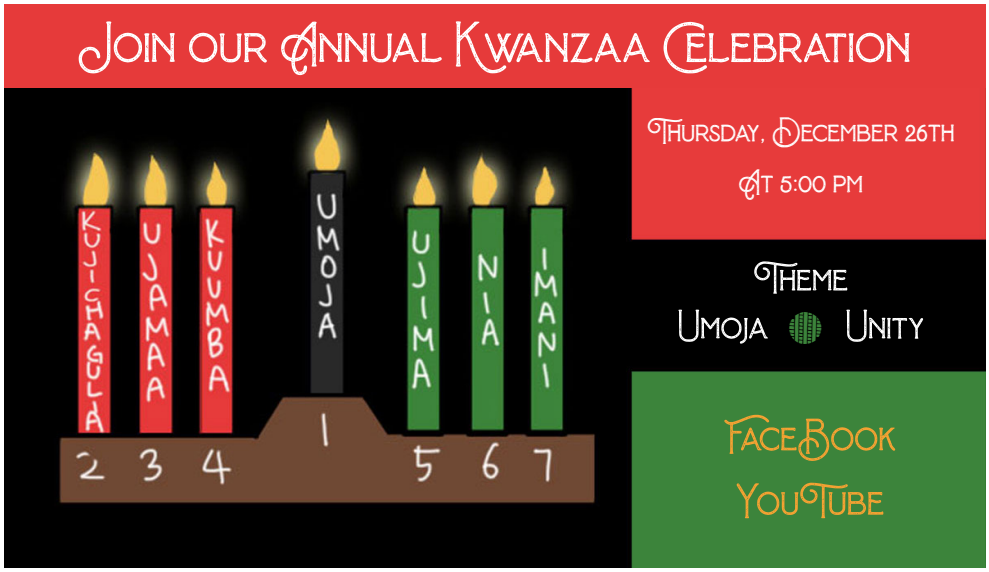
Several East Bay practitioners recently came together to read Oneness. In February 1998, rasha began a profound dialogue with the universal Presence, Oneness – the Divinity we all share. Word for word, she transcribed the principles for a new understanding of the mystery we call "life." Each month, practitioners will share their perspectives on the teachings in each chapter. We invite you to read along with us. This month, Brenda King-Randle shares her thoughts on the third chapter of the book.

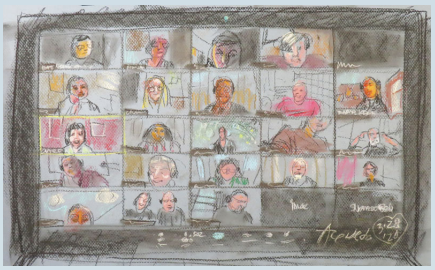
Chapter Three—An inter-dimensional conversion in consciousness is transpiring through all levels of Creation marking a shift in your life circumstances. These shifts are carrying you to a higher and more stabilize vibration frequency. However, you get to choose whether to operate at that vibration or stay at your conditioned tendency. Be aware, that your vibration state creates your life dramas. By staying at the highest possible vibration frequency you are able to maintain a heart heighten consciousness.

As you are going through your life dramas you must learn how to detach from the circumstances; to step back for a moment and become centered. You are then able to detach from the circumstances and shift the outcomes to the best results. It is essential to direct your life experiences. These accelerated levels of vibrations make your thoughts/words and choices/ responses materialize quicker; "your thoughts create your reality."

To break the cycle of negative manifestations you must monitor your speech, every word that passes your lips should be uplifting. You most monitor your response to adverse circumstances to ensure you are not producing more of the same. Please note, that even your thoughts carry an energy charge that sets in motion circumstances of corresponding vibration. Don't focus on what is not working, because it is paving the way for your shift in consciousness to manifest what you came here to do.

As the vibrations of our planet continues to accelerate, you will find that you have entered the realm of instantaneous manifestations. You have now become a forerunner. "Monitor your responses so that you maintain a state of balance and heart-centeredness. ....It is here that you will encounter the gateway to reunification with the Oneness that you are."





WORLD HEALING PEACE MEDITATION

DECEMBER 31, 2020

TIME: 12:00 P.M. UTC/GMT (4:00 A.M. PST, 5:00 A.M. MST, 6:00 A.M. CST, 7:00 A.M. EST) CLICK HERE TO FIND YOUR LOCAL TIME

A special event presented by Centers for Spiritual Living

The Centers for Spiritual Living Heart of Peace Committee is inviting *You* to contribute your consciousness to healing the world and establishing sustainable peace.

Join more than 500 million people from an array of faith traditions and philosophies, across seven continents, meditating simultaneously.

The gatherings begin at precisely the same moment all around the world in all the many languages, to pray in the ways of their own traditions. We each affirm Peace and commit to do our part to heal the world. It is truly an amazing experience to sense the consciousness and the presence of hundreds of millions of people sharing the hour!

GET THE DETAILS HERE!

HAPPY BIRTHDAY!

DECEMBER BIRTHDAYS

- Gail Richie
  December 3
- Foad Satterfield
  December 7
- Precious Green
  December 8
- Lisa Baylis
  December 9
- Broadus Durant
  December 10
- Ben Heveroh
  December 10
- Elihu Kittell
  December 11
- Phyllis White-Ayanruoh
  December 13
- Noelle Cafagna Owens
  December 14
- Jacqueline Hairston
  December 18
- Alta Adams
  December 19
- LuVerne Gardner
  December 19
- Takai Tyler
  December 20
- Robert Wallace
  December 21
- Carol Wild
  December 24
- Debora Adams Truso
  December 26
- Renee Laverne James-Williams
  December 29
- Rebeca Hanif
  December 31

If you don't see your birthday listed, please let us know by using one of the three options below.

1. Send us an email to info@ebcrs.org
2. Fill out a database form and leave at the membership table

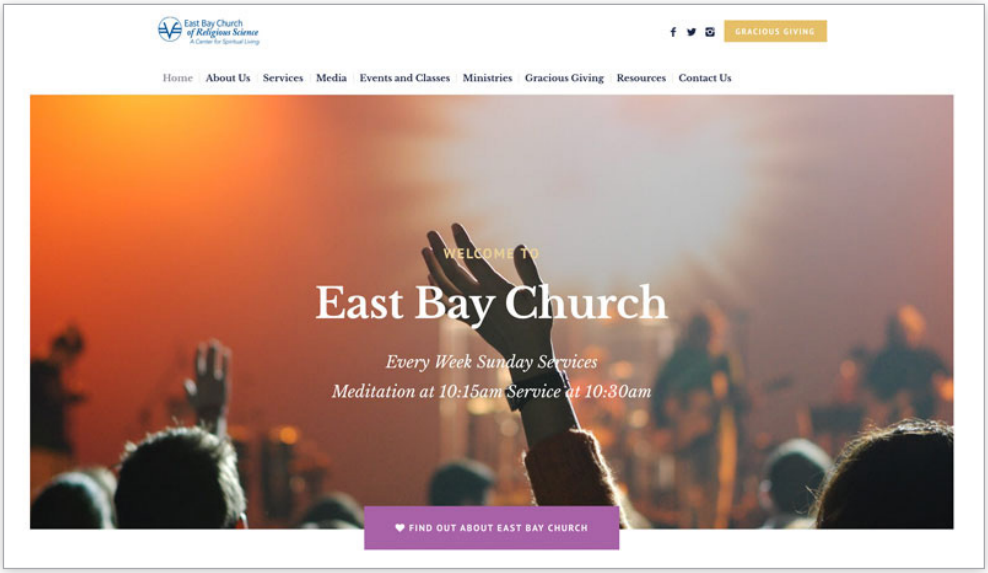
To find out about all EBCR activities, click here.

WE HAVE A NEW WEBSITE!

We are pleased to announce the launch of our new website. After a few months of hard work and dedication, we are delighted to announce our new website's launch officially.

Our goal with this new website is to provide our community with an easier way to learn about our community and allow the visitor to browse information based on their own choice.

The new website is creative, interactive, and gives better access to web pages. Our community members and visitors will find useful information about our services on the homepage of our website. Meet our Practitioners and learn about our Ministries and the work they are doing to fulfill our mission.



We will continuously be updating our content with helpful information. The site will include articles, newsletters, community announcements, and member testimonies. There is also a special section where our Ecclesiastical team will share words of wisdom

We hope you find the new website with a fresh look, easy to access information, and we wish to establish this website as a source of information for those who visit our site.

We would also like to thank our fantastic Web Designer, Constance Rose. Our Practitioners; Christine Schoefer, Debora Truso, Kimberly Satterfield, Ona Afrae, and Board Members Harriet Johnson, Sherri Grier, and Precious Green, who gave their time and energy to make this site what it is. For any questions, suggestions, feedback, or comments, please contact us Here.

Join us on New Year's Eve for the Dance Party of the Year!

Thursday, December 31, 2020

7:00 p.m. PST / 8:00 p.m. MST / 9:00 p.m. CST / 10:00 p.m. EST

We are honored to have the world renowned Eddie Watkins, Jr. to help us ring in the new year!

Eddie has laid down his rock solid bass licks to recordings by Quincy Jones, Barbra Streisand, Herbie Hancock, Santana, Patti LaBelle, Diana Ross, Marvin Gaye, the Pointer Sisters, James Brown and a who's who popular music icons.

Centers for Spiritual Living™

Success and the fast life led Eddie to substance abuse, recovery and a spiritual search for a deeper meaning and a call to serve humanity through his music. Eddie has served as Musical Director at the Center for Spiritual Living Greater Las Vegas, the Center for Spiritual Living Seattle and Unity Church For Creative Living St. Johns, FL.

Today Eddie is on tour across America raising the vibration of the planet with his music.

FIND OUT MORE HERE!

Simply click the "Dance Party Access" button below to join the fun!

DANCE PARTY ACCESS

East Bay Church of Religious Science
A Center for Spiritual Living

East Bay Church of Religious Science Weekly Ministy Program

SUNDAY

SUNDAY SERVICE
Meditation: 10:15am
Service: 10:30am
Facebook Live@eastbaychurch
YouTube: Type East Bay Church into the search bar

YOUTH & FAMILY
12:00pm to 1:00pm
Please contact
Stacy Saadiq at
ebcrsyouthandfamily@gmail.com

AFTER SERVICE PRAYER
Zoom Link:
https://zoom.us/j/ 91791685888?
pwd: bW1tQ3U3ZnVNTzlLWHIQYWJWMWdxUT09
Call: 669.900.6833
Meeting ID: 977 3859 4793
Password: 030144

MONDAY

MORNING PRAYER
8am to 8:30am
Facebook Live
Live@eastbaychurch

MID-DAY MEDITATION
12:30pm to 1:00pm
Facebook Live
Live@eastbaychurch

TUESDAY

MORNING PRAYER
8am to 8:30am
Facebook Live
Live@eastbaychurch

MID-DAY MEDITATION
12:30pm to 1:00pm
Facebook Live
Live@eastbaychurch

WEDNESDAY

MORNING PRAYER
8am to 8:30am
Facebook Live
Live@eastbaychurch

MID-DAY MEDITATION
12:30pm to 1:00pm
Facebook Live
Live@eastbaychurch

MID-WEEK HEALING CIRCLE
6:15pm Meditation
6:30pm Service
Zoom Link
https://zoom.us/j/91791685888?
PW: bW1tQ3U3ZnVNTzlLWHIQYWJW
MWdxUT09

THURSDAY

MORNING PRAYER
8am to 8:30am
Facebook Live
Live@eastbaychurch

MID-DAY MEDITATION
12:30pm to 1:00pm
Facebook Live
Live@eastbaychurch

FRIDAY

MORNING PRAYER
8am to 8:30am
Facebook Live
Live@eastbaychurch

MEDITATION IS FOR LOVERS
11:00Am to 12:00pm
Zoom Link
https://secure.qgiv.com/for/MRLARCAA4J82SRSKDN9B/event/815769

MID-DAY MEDITATION
12:30pm to 1:00pm
Facebook Live
Live@eastbaychurch

GIVING

ONLINE
EBCRS.ORG

PAYPAL
ebcrsonline@gmail.com

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Text EastBay to 501-55

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Oakland, CA 94609

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