

EAST BAY CHURCH OF RELIGIOUS SCIENCE MAGAZINE

Love in Action

INCLUSION IN ACTION

AUGUST 8, 2020



EAST BAY CHURCH
OF RELIGIOUS SCIENCE
ECCLESIASTIC LEADERSHIP TEAM

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REV. ANTHONY JACKSON
REV. BADIA COOPER
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VIRTUAL SUNDAY SERVICE

JOIN US VIA YOUTUBE OR
FACEBOOK LIVE
MEDITATION 10:15AM
SERVICE 10:30AM

DAILY MEDITATION
MONDAY - FRIDAY 12:30 PM TO 1PM
JOIN US ON FACEBOOK LIVE

DAILY PRAYER CALL
MONDAY - FRIDAY AT 8:00 AM
FACEBOOK LIVE

WEDNESDAYS
HEALING AND REVEALING SERVICE
MEDITATION 6:15PM
HEALING SERVICE: 6:30PM

[ZOOM LINK](#)

EBCRS PURPOSE STATEMENT

We, the East Bay Church of Religious Science, are dedicated to the spiritual transformation of the entire planet. We are committed to being a point of empowerment allowing Spirit to direct every thought, word, deed, and action for personal transformation. Our purpose is to serve as a spiritual development center by making available the knowledge and practice of the Science of Mind to all people by fostering their spiritual, cultural and general well being, and to provide facilities for public worship, education and fellowship.

JOIN OUR SUNDAY CELEBRATION

August 9, 2020,

Meditation: 10:15am

Service: 10:30am

Speaker: Rev. Dereca Blackmon

Topic: A Vision for Justice

Musical Inspiration:

Michelle Jordan with Vanessa Wynn

Facebook Live@eastbaychurch

Youtube: [Type East Bay Church into the search bar](#)



Rev. Dereca Blackmon



Michelle Jordan with Vanessa Wynn

LOVE IN ACTION NEWSLETTER CONTRIBUTORS

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Please submit articles, poems for our August 15 issue of Love in Action to ebcrsorg@gmail.com Next deadline: is 2pm, August 11, 2020. The August theme is Inclusion in Action.

PHOTO CREDITS & GRATITUDE

JJ Harris



HOLDING THE CONSCIOUSNESS

BY REV. FRANCIONE, PH.D

SURPRISE!! You cannot imagine how surprised I was when Robert Quintana Hopkins invited me to consider being East Bay Church's Interim Minister. You cannot imagine how amazed I am... LIFE is calling me to be an energy of healing and supportive love to you, whom I've enjoyed and cherished for such a long time.

Many of you don't know that I've had quite a long and circuitous relationship with East Bay Church of Religious Science's community. Right now, I am sharing some of the story of my journey with East Bay. I believe my story may be an inspiring example of how Spirit nudges us along our spiritual path... guides us to expand and grow when we're willing to say, YES!!!

Here's my story and my commitment to YOU! Beloved Community!

I started my journey with Science of Mind (SOM) philosophy during the late 1960s. Oh, I enjoyed being inspired by the *Science of Mind* magazine for ten years... then,

one day, I set out to find people who thought like the ideas I read in the magazine. Yes! One Saturday morning, I found the First Church of Religious Science (now Oakland Center) – the only SOM church in Oakland (at the time). In hindsight, I must admit I felt inspired by Rev. Lillian Hopper's vibrant spiritual talks.

Yet, I didn't feel at home. I missed Amens! Gospel singing and shouting! Sermon's with the fervor and soulful cadence! Bible stories illuminating what we must do to work with others to stand against oppressive and unjust experiences – like my Mother described when she had to train her own supervisor at Oakland's Naval Supply Center! No wonder Mom was so dynamic – walking and talking, Paul Lawrence Dunbar's *Antebellum Sermon*, a dramatic reading reminding all of us, God said, "Go down Moses – Tell Ole Pharaoh, Let my people go!" Yes, I was inspired by the SOM teaching, but, I missed the rhythm of St. Paul African Methodist Episcopal Church, founded in my grandparents' Berkeley home three years before I was born.

I left First Church. Soon, I found and became a member of Rev. Dr. Hazaiah William's Church. And I got involved in Berkeley Unified School District (BUSD) politics. Sacred service for this religious community was focused on our minister's charge

as BUSD Board President and as founder of the Center for Urban Black Studies. We attended many talks delivered by Rev. Williams' friend and mentor, the mystic, Rev. Dr. Howard Thurman. We were most inspired while visiting in his home in San Francisco. Oh! I was learning so much – talking with union leaders, walking precincts, and sitting on Board committees. And yet, I began to feel squeezed. I soon realized that I didn't know how to manage my personal affairs and I needed help!!!

I took my first SOM class at the Masonic Temple with East Bay's Rev. Dr. Ernie Forks. Years later, I sang in East Bay's choir, guided by the musical genius of Tyrone Cosey! While I attended ministerial school, East Bay Church was led by Rev. Amon, who asked me to be Board Chair. Immediately, I said YES!!! When he left, we hired another minister – just before Dr. Margaret Stortz asked me to serve as First Church's Assistant Minister over Youth and Family. During this time, I launched the annual Multicultural Unity Month Celebration. Then, I joined Dr. Lloyd Tupper as Curriculum Coordinator for Ernest Holmes College in Sausalito, California. Soon, I decided to start my own spiritual center; and, to my amazement, within a few

Continued on Page 4

months, I became minister of East Bay. And, with the help of Eleanor Grier, Helen Anderson and Wendy Worsely, I enjoyed growing East Bay from 12 to 35 members and moving into Bjornson Hall.

My personal life got in the way of my ministry and I felt compelled to help my sons enter college. Immediately, I returned to continue my 25 years as a National External Educational Change Agent – guiding teachers in 18 school districts to infuse culturally diverse activities into reading, writing and language arts activities for children and parents.

I was so thankful Rev. E. said Yes! She awakened East Bay Church. With her wisdom, insight and spiritual strength, Rev. E grew East Bay’s membership to thousands. Several years later, I was called back into ministerial service at the San Francisco Church of Religious Science. There, I had the joy of serving as minister to members of the LGBTQ, Latinx and Hunters Point Communities. To my surprise, while visiting many in hospice care, my passion to use artistic expression for spiritual healing was reawakened.

Years later, while teaching ministerial students using a room in East Bay’s offices, Rev. E asked me to return to East Bay to lead the Youth and Family Ministry and create a Bible

class. While developing and teaching the CSL-certificated Bible Wisdom, I led students in a joyful movement activity with the song, “I Want to Fly”... and my soul took the song seriously! Within a few months, I was flying right to San Diego. Yes, launching a new career as Holmes Institute’s Southern California Regional Dean. Then



whisk! Before I knew it, Rev. Michael Beckwith and the Institute’s Board asked me to be the Director of Education to ensure ministerial students would obtain an accredited Masters Degree in Consciousness Studies. Oh, beloveds, I enjoyed teaching wonderful classes like Metaphysical Bible or Spiritual Psychology. And I loved creating classes such as Diversity and Painting Dreams.

A year ago, I found myself stepping into a NEW WORLD!! Like the painting of my owl-headed astronaut stepping from dwelling on one planet or state of consciousness into a new reality. Or as the Consciousness the Master Teacher declaring,

“Not My Will... but Thine Be Done!!!” As my soul singing, “I had a revelation, one day when I was in prayer!” As my Sister Rev. E frequently exclaims, “I don’t know what I’m doing!” and then brilliant wonders fall out of her mouth and wisdom emerges through her actions!

In this NEW WORLD I declare, Beloveds! In the midst of these pandemics, COVID-19 and Black Lives Matter, I, FranCione am here: to listen, pray and vision with you!

- to be the place where Healing, Wholeness and antiracist actions are being revealed now!
- to know we are revealing systemic equity and justice that is freeing us to create beyond our wildest imagination.
- to offer considerations and to teach and inspire you to be, feel, think and do what you are called to be and reveal.
- to be the Consciousness supporting, loving and teaming with you during this journey, co-creating and energetically drawing you to and revealing your next beloved spiritual leader(s).

Yes, East Bay, I love you! I open my heart & arms to you!

Thank you for welcoming me home, again, for these reasons and this season. ♥
Blessed BE!!!



PRACTITIONER CORNER

KSUZANNE MASSEY, RSCP

THE LABYRINTH: MY SPIRITUAL LADDER

In these times pregnant with opportunities for growth, where Herculean faith and steadfastness is required,

spiritual practices hold an even greater significance in our day to day reality. The Centers for Spiritual Living website states: “...a

spiritual practice is one that supports your inward journey of self-exploration...beyond the five senses to experience the Spirit, God, or soul within us.”

My daily practices of Spiritual Mind Treatment and meditation have transfigured my journey in this incarnation. In addition to these life-giving practices, Spirit gifted me with another practice over 15 years ago – walking the labyrinth. Awhile back, I took a women’s spirituality course that required students find a “new” spiritual tool to bring into



daily practice. I remembered the elevating experience of walking a portable labyrinth during a Science of Mind gathering at Asilomar in Pacific Grove, California. So, I decided that I would bring a daily labyrinth walk into my spiritual practices.

I have learned that walking a labyrinth is a journey on a path toward wholeness and authenticity. The goal is to reach the center, the Self, the core of one’s being. I also learned that there are different types of

labyrinths. East Bay’s labyrinth is considered a seventh circuit labyrinth.

This search has brought me to hillsides and churches throughout Alameda county. I have walked paths in San Francisco and had the ultimate experience of walking the labyrinths at Grace Cathedral.

The stages of walking the labyrinth are the pillars of the deep connection I feel to this practice: Remember, Release, Receive and Return.

Remember. Before I enter the labyrinth, I remember all that I have to be grateful for as I bring forth any challenge I may have. My focus is on healing.

Release. As I walk the labyrinth, I release and let go of mind chatter. I allow myself to be at one with each step as I breathe into the experience.

Receive. As I step into the center, I stand in this safe place in full communion with my soul, ready to receive. I am open at the top, listening for and feeling the inner tugging of the Divine within the depths of my soul.

Return. As I walk through the “legs” of the labyrinth and exit where I started, I experience a deeper understanding, a “healing of my soul”. All challenge has faded into the nothingness. My soul is light and dancing a celebratory dance of ease, peace and freedom.

My spiritual practice of walking a labyrinth is climbing my spiritual ladder. Each time I gift myself with this healing tool, I am perched on a sweet cloud of inner peace knowing that all is well.

See you on a labyrinth nearby! ♥

MEMBER SPOTLIGHT

BY DARRYL BOZEMAN

WHAT IS MISSING IN AMERICA? FEMALE LEADERSHIP OPPORTUNITY! GENDER EQUALITY!

I recently witnessed the Power of Female Leadership at East Bay when I joined the F.A.C.E.S visioning-planning session. We came together to call forth a new future for the organization and I was the only man in attendance. Carol Johnson and Evelyn Wesley masterfully facilitated the session without ego, race, or gender bias. Our meeting was simply structured with solid content and inspired coaching and empowerment. We produced a large body of work with ease. We completed the session inside the consciousness of possibility and creating a pro-East Bay environment!

I recall the all-male leadership model of my corporate years. It utilized force and the power of the “carrot and stick” and was driven by ego, politics and cronyism. Work was conducted in a culture of leveraged intimidation and fear with fixed deadlines and timetables!

Female Leadership is not new in America and it's not new to me!

As a child growing up in the Jim Crow South, I closely watched adults interacting with one another. I wanted to learn who was in charge and what they could teach me. I noticed and studied my (4'10") grandmother, “Mama B.”. Though she was tiny at 4'10”, she directed larger and louder people without raising her voice. People followed her precise direction in completing



work as they cooperated with harvesting crops.

A few years later in California, I noticed my mother duplicating “Mama B’s” leadership style, shepherding my stepfather around the house chores and encouraging her Jewish clothing company owner to redesign dress patterns and reduce dress prices for working women.

Converging my familial and life-lessons, I have become aware of how natural it is for

women to be as capable, if not more, capable than men, even when women cloak their abilities as a strategy of power. That is especially true for Southern women who quietly teach other women skills of adaptability, tenacity, strength, grit, discernment and encouragement.

As more and more women build their power circles and unify their leadership skills, they are taking the opportunity to exercise those talents, skills and abilities through the consciousness “filter” of problems and challenges, transforming problems into leadership opportunities! Again, consider and view problems as your possibility of leadership and power!

Finally consider ignoring bad advice and bad people. Even though many seem to view our world as one saddled with too many problems and challenges to handle, this is a time of opportunity!

In closing, the November Presidential election maybe the most important election in our country's history. Please consider owning your **Voting Power** through your family, friends and others to get out the vote! 💜



BEACON OF LIGHT MINISTRY

BY REV. ANTHONY JACKSON

“Some need a beacon, a guiding light cross in life's stormy seas. Be that light for someone.”

- Unknown

East Bay's Prison Ministry serves as a beacon of light to those who are reentering their communities after being incarcerated. We share resources and information on employment, housing, medical, food pantries, counseling and other services.

We call ourselves the Beacon of Light Prison Ministry and we originally came together to support all in the East Bay community who were affected by incarceration, those who are imprisoned, their families and friends. Over the years, our ministry has grown and we now partner with like-minded organizations committed to being a light in

the lives of those impacted by incarceration.

Support may look like letter-writing or a birthday celebration for family members, but it always includes prayer. Our support has adjusted to the COVID-19 age. Though we have had to limit our contact with those who have been released recently, we continue to be available to assist any way we can. And of course, we continue to pray. We have focused our attention



on individuals who are being considered for possible release and continue to support our partner organizations.

One of our ministry members shared thoughts on the work we do:

“I supported a young man when he was 26 who was incarcerated

in San Quentin at the age of 19, that was 31 years ago. Since our meeting, we have become very good friends and he has been fighting for his life, on death row. He has since received a full reversal of the charges from the federal courts. Since that happened, his reversal was appealed by the LA County District Attorney and he is now awaiting the outcome in the LA County Jail for a retrial. The judicial system is broken but this man, who is now 57 years of age, is not angry with anyone. He just wants his freedom. I have been a connection to the outside world

for him and a support that says you are not alone. We have talked about God and prayed together and prayed for one another. His faith in God has grown stronger and I have encouraged him as well as he has

encouraged me as we both continue on our journey.”

I invite you to become a beacon of light by joining our ministry. We meet twice a month via Zoom. Please call me at 510.381.4343 or email me at jacko2@aol.com with any questions you might have. 💜

MEET YOUR HEALTH AND WELLNESS TEAM



ZEE LEWIS



KUWAZA IMARA, RSCP



LOLA PRATT



JULIA FLYNN, CMT



SHONETTE STEIGER



STACY VANN



BE WELL AT HOME

BY THE HEALTH AND WELLNESS MINISTRY

COVID-19 has compelled us to reset. It has dramatically

reduced our commutes from several miles to a few feet as we live, work, eat, entertain and rest at home. Here are a few tips to make the most of your stay at home.

Greet the Day: Take the first 15 minutes in the morning to think of things you are grateful for.

Breathing for Stress Relief: Use the 4-7-8 technique, breath in for a count of 4, hold for a count of 7 and breath out for a count of 8.

Moving and Stretching, Indoors and Out: Try 10 minutes of stretches and yoga poses to bring awareness to your body. Get outside for at least 15 minutes each day for fresh air, sunshine helps the body make vitamin D.

Eat Well: Eat meals rich in plant-based foods such as leafy vegetables and fruit. Don't eat your feelings. Cook homemade foods and drink plenty of water.



Home Office: Bring in something from outdoors for your home office area (Rocks, branches, flowers or take a picture depicting a beautiful, calming scene of nature). Also don't forget the power of music. Listening to music that inspires you can help keep you focused and improve your mood.

Staying Focused While Working:

Consume social media conservatively.

If aromatherapy agrees with you use a little eucalyptus or jasmine which can make your home office more conducive to calm productivity, essential oils are great to uplift your mood.

Practice Mindfulness: Keep in touch with family and friends, especially the ones who uplift you and remember to give people the benefit of doubt during this challenging time. Have an attitude of gratitude in your daily life. ♥

* Source: [John Hopkins Medicine](#)

EAST BAY SUMMER SCHOOL

EDUCATION MINISTRY

Education is one of our foundational Spiritual Principles. Our Education Ministry is excited to offer ongoing classes and special workshops to aid you on your spiritual journey. Be sure to look out for these thought-provoking opportunities.

WRITE A NEW STORY!



Next Saturday, August 8th, East Bay's Ecclesiastical Leadership Team will come together to explore how spiritual principles and new stories can help us live the greatest versions of ourselves.

We each have a story we tell ourselves about our lives. Those stories are often based on incorrect and outdated information. We repeat them to ourselves and the result is lives that fall far short of our goals. So, if we want to change our experience, we must first write a new story based on the truth of our lives.

Join Revs. Anthony, Badia and Gil for "Expanding our Spiritual Consciousness by Practicing Spiritual Principles" where they will share their unique perspectives, experience and personalities as guides to charting a new principle-based path.

[Go to the Education Page for more information and to register.](#)

Workshop: Expanding Our Spiritual Consciousness by Practicing Spiritual Principles

When: Saturday August 8, 10am - 12pm

Where: Online

Fee: Love Offering

MEDITATION IS FOR LOVERS

Join East Bay's beloved Practitioners for a weekly drop-in class where we share insights for creating and maintaining a fulfilling meditation practice. Each week, a practitioner will offer meditation techniques and support, field questions and guide students as they sit



together in a collective consciousness of love and possibility. Come experience the many benefits of meditation for yourself.

Class: Meditation Is for Lovers

When: Fridays, July 24 - Aug 28, 11am - 12pm

Where: Online

Fee: Love Offering



HAPPY BIRTHDAY!



AUGUST BIRTHDAYS

- ❖ Mitchell G. Lucio August 1
- ❖ Kelvin Potts August 2
- ❖ Laura I Fullwood-Cleghorn August 6
- ❖ Armin Wulf August 7
- ❖ Vincent Dunn August 8
- ❖ Karen Anderson August 9
- ❖ Val Ramirez August 11
- ❖ Mona Williams August 12
- ❖ Robert Collins August 13
- ❖ Sha Simon August 13
- ❖ Cynthia M. Black August 14

- ❖ Joanie Mitchell August 14
- ❖ Tina Bathsheba Harambe August 15
- ❖ Kelley Nayo Jahi August 15
- ❖ Tamar Briley August 15
- ❖ Linda Johnson August 16
- ❖ Tina Bancharao August 18
- ❖ Jim Dennis August 18
- ❖ Risa Hernandez August 18
- ❖ Rodney Street August 18
- ❖ Yesufu Shangoshola August 19
- ❖ Patricia Webb Moore August 20
- ❖ Jei Watkins August 21
- ❖ Christine Schoefer August 22
- ❖ Jackie Stewart August 22
- ❖ Clifford Gatewood August 23
- ❖ JJ Harris August 25
- ❖ Christine Bell August 27


- ❖ Janice Olivia King August 27
- ❖ Richard Edward Scott August 27
- ❖ Elizabeth Carter August 29
- ❖ Darryl Thompson August 30

If you don't see your birthday listed, please let us know by using one of the three options below.

1. Send us an email to info@ebcrs.org
2. Fill out a database form and leave at the membership table
3. Update your information online through our membership portal at: www.ebcrs.org/membership-portal

To find out about all EBCRS activities, [click here](#). ❤️



 <p>East Bay Church of Religious Science A Center for Spiritual Living</p>			<p>East Bay Church of Religious Science Weekly Ministry Program July 25, 2020 Update</p>		
SUNDAY		MONDAY	TUESDAY		
<p>SUNDAY SERVICE Meditation: 10:15am Service: 10:30am</p> <p>YOUTH & FAMILY 12:00pm to 1:00pm Please contact Stacy Saadliq at ebcrsyouthandfamily@gmail.com</p> <p>AFTER SERVICE PRAYER Call: 669.900.6833 Meeting ID: 977 3859 4793 Password: 030144</p>		<p>MORNING PRAYER 8am to 8:30am Facebook Live</p> <p>MID-DAY MEDITATION 12:30pm to 1:00pm Facebook Live</p>	<p>MORNING PRAYER 8am to 8:30am Facebook Live</p> <p>MID-DAY MEDITATION 12:30pm to 1:00pm Facebook Live</p>		
WEDNESDAY		THURSDAY	FRIDAY		
<p>MORNING PRAYER 8am to 8:30am Facebook Live</p> <p>MID-DAY MEDITATION 12:30pm to 1:00pm Facebook Live</p> <p>MID-WEEK HEALING CIRCLE 6:15pm Meditation 6:30pm Service Zoom Link https://zoom.us/j/94699061149</p>		<p>MORNING PRAYER 8am to 8:30am Facebook Live</p> <p>MID-DAY MEDITATION 12:30pm to 1:00pm Facebook Live</p>	<p>MORNING PRAYER 8am to 8:30am Facebook Live</p> <p>MID-DAY MEDITATION 12:30pm to 1:00pm Facebook Live</p>		
GIVING			EAST BAY CHURCH OF RELIGIOUS SCIENCE		
<p>ONLINE EBCRS.ORG</p> <p>TEXT Text EastBay to 501-55</p>		<p>PAYPAL ebcrsonline@gmail.com</p> <p>MAIL EBCRS 4130 Telegraph Ave. Oakland, CA 94609</p>	<p>4130 TELEGRAPH AVENUE OAKLAND, CA 94609 510.420.1003 EBCRS.ORG</p> <p>FOLLOW US!   </p> <p> East Bay Church of Religious Science A Center for Spiritual Living</p>		

The Community Pages



LATINO MINISTRY

East Bay's Latino Ministry meets every Wednesday at 7:15pm and Saturday at 11:00am.

El Ministerio Latino de East Bay se reúne todos los miércoles a las 7:15pm y los sábados a las 11:00am. Somos una comunidad inclusiva para el crecimiento espiritual y la acción compasiva. Estamos co-creando un mundo que funciona para todos. Cambia tu pensamiento y cambiara tu vida!

Join us on [Zoom](#).

HEALTH AND WELLNESS MINISTRY

The Health and Wellness Ministry meets Tuesday evenings via Zoom at 6:30pm. If you would like to learn more or be a part of the Health and Wellness Ministry, contact Practitioner Kuwaza Imara at 510.9091814 or oakwestma@aol.com.

VISIONMASTERS (TOASTMASTERS)

The VisionMasters club meets on Friday evenings via Zoom 7:00pm – 8:30pm. To learn more about Visionmasters, contact Practitioner Kuwaza Imara at 510.909.1814 or oakwestma@aol.com.

COMMUNITY VISIONING

Everyone is invited to join our monthly community visioning as we sit in a field of unconditional love to envision our church. Your presence makes a difference. Join us every 1st Sunday at 1:00pm [via Zoom](#).

F.A.C.E.S. FOOD ANGELS

Food Angels provide curbside grocery pick-up on the 1st and 3rd Wednesday of the month between 3:30pm and 5:00pm. Please stay in your car when picking up groceries. Our volunteers will come and assist you.

WOMEN'S LOVING HEART EMPOWERMENT CIRCLE

The Loving Heart Empowerment Circle holds sacred space for all women to uplift, inspire and support one another through this thing called Life. We share our wisdom, our joy and our laughter and grow together. Join us! The group meets on the 1st Saturday of each month at 11:00am. For more information, please contact Sherri L. Grier at 510.610.9507 or via email to spiritualcoach2011@gmail.com.

You can also contact Pamela L. Nash at 510.703.8756 or via email to pln1949@sbcglobal.net.

SPIRITUAL MAN

East Bay's Spiritual Man Ministry provides a compassionate and supporting environment for all men to grow spiritually. By strengthening the bonds with one another, members are able to better support the East Bay congregation and the community at large. The group meets every 2nd and 4th Saturday at 10:30am. Call Rev. Anthony Jackson at 510.381.4343 with any questions or for more information.

BEACON OF LIGHT PRISON MINISTRY

The Beacon of Light Prison Ministry meets at 4:00pm every 2nd and 4th Wednesday. For more information, please contact Rev. Anthony Jackson at 510.381.4343.

LATINO SUNDAY SERVICE

Latino Sunday Service is every 3rd Sunday at 12:30pm. We are an inclusive community for spiritual growth and compassionate action. We are co-creating a world that works for everyone. Change your thinking and change your life!

El Ministerio Latino de East Bay. El servicio dominical latino es cada 3er domingo a las 12:30pm Somos una comunidad inclusiva para el crecimiento espiritual

y la acción compasiva. Estamos co-creando un mundo que funciona para todos. Cambia tu pensamiento y cambiara tu vida!

Join us via [Zoom](#).

BOARD OF TRUSTEES

Our Board of Trustees and Extended Leadership Team meet on the 3rd Saturday of the month from 10am-12:30pm. Except for executive sessions, the meetings are open to the public. During this time of sheltering in place, the meetings are held on [Zoom at this link](#).

COMMUNITY CONVERSATIONS GATHERINGS

East Bay's Community Conversations is a new series of monthly get-togethers where we fellowship and work together to co-create a beloved and loving spiritual community that works for everyone! Join us on the 4th Sunday of each month at 12:30pm. [Join us online for Community Conversations](#).

WHEN WILL WE RETURN TO THE CHURCH CAMPUS?

We look forward to the time when we can once again open our doors to our community members. We miss being together and look forward to seeing each other again. During the current time of sheltering in place, we have adjusted our staff and Sacred Seva resources to online offerings for Sunday services as well as meetings of

weekly and monthly groups, all of which are listed above.

Our leadership along with the Health and Wellness Ministry



are monitoring and assessing the situation regularly and will continue to update our community as clarity emerges about our plans. We will continue meeting the needs of our spiritual family remotely until we can accommodate everyone in our building in a safe way. Nobody can know for certain when that time will be, but it's probably several months away. Thank you for your patience, understanding, and support. ❤️



LATINO MINISTRY

Los centros para la vida espiritual te invitan a sus diferentes servicios meditativos y temas edificantes.

“Cambia tu pensamiento y cambiara tu vida”

Servicio Latino

domingo 21 de junio a las 12:30pm

[Impartidos en linea por la plataforma Zoom](#)

Los miercoles a las 7:15pm a 8:00pm

Los sabados a las 11:00 a 12:pm

Somos una comunidad inclusiva para el crecimiento espiritual y la acción compasiva. Estamos co-creando un mundo que funcione para todos y vivir intencionalmente.

August Wednesday Night Service Line-Up

Join us each
Wednesday,
starting at 6:15pm

Via Zoom

Meeting ID:

94699061149#

Dial by your location

Phone: 669.900.6833

August 12th	Speaker: Rev. Elouise Oliver Topic: Who are we? Musical Inspiration: NuDay
August 19th	TBD
August 26th	Facilitator: Bathsheba Harambe, RScP Musical inspiration: Sky Nelson



East Bay Church
of Religious Science
A Center for Spiritual Living

East Bay Church Daily Prayer Online



In These Times, Prayer is the Way Forward

The Practitioners of East Bay are honored to hold all of our community in the “sacred space” of prayer. It is the only way forward. Prayer is the love, compassion, care and support offered to our EBCRS community.

Join the Practitioners and center in Daily Affirmative Prayer Monday - Friday at 8:00am on Facebook Live. Each day will affirm a unique God quality:

Monday: Forgiveness

Tuesday: Love

Wednesday: Oneness

Thursday: Peace

Friday: Prosperity

Please note that this is a new time and location for Daily Prayer. We will meet at 8:00am. Join us on Facebook, Live@EastBayChurch for Daily Prayer. [Visit us on our website](#) for more information.

AFTER
Sunday
Service
Prayer

East Bay
Prayer Partners
Program